



# The Stroke I.M.P.A.C.T. Study

## NEWSLETTER

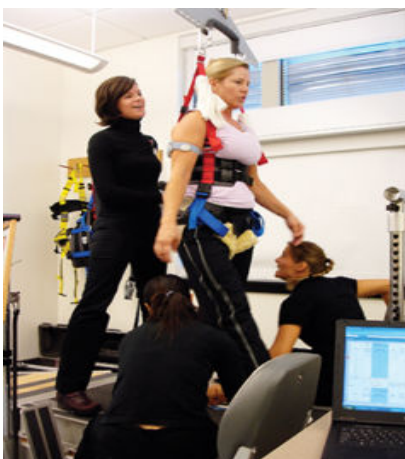
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### Beyond I.M.P.A.C.T. Researchers work on other therapies

Dr. Stacy Fritz, Co-Principal Investigator of The Stroke I.M.P.A.C.T. Study at the University of South Carolina's Arnold School of Public Health, is seeking volunteers to participate in another stroke research study.

The new study titled, Intensive Mobility Training for Stroke (IMT) is seeking individuals with Chronic Deficits from STROKE to participate in a Lower Extremity Mobility and Balance Study, which encourages you to use your lower extremities to perform various leg activities that challenge your gait, balance and

coordination. Dr. Fritz is embarking on a study to compare which of two rehabilitation therapies produces the best outcome for recovering stroke patients, one with and one without locomotor training. "Its important to know what components of therapy are needed for the best results," says Fritz. This is important because more than half of the 5.6 million people living with stroke have residual motor disability.



Fritz and her staff will be investigating a 10-day (3 hours per day, 5 days per week) treatment program for improvement of balance, mobility, and fear

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### Improving Motor Performance Applying Constraint Therapy



University of  
South Carolina



University of  
Florida



Colorado State  
University



## Good Luck Dr. Fritz

As you know, The Stroke **I.M.P.A.C.T.** Study focuses on upper -extremity deficits from Stroke. We do just one small part of the ongoing research in the field of stroke rehabilitation. We are often asked “what else is available?” There are robotics studies, Saebo, and Botox injections just to name a few. We realize that **I.M.P.A.C.T.** might not be the right program for everyone who has suffered a stroke. But we are proud of the training we deliver to our subjects and the improvements they often make from participating.

The front page story explains just one more research project. Our own Dr. Stacy Fritz has her hands full with another stroke research study at South Carolina. It is possible that subjects who have completed their **I.M.P.A.C.T.** obligations (all follow-up evaluations) could participate in this new lower-extremity study as well.

Con't from front:

of falling in individuals following a stroke.  
Criteria to Participate Include: a) Greater than 6 months following stroke, b) Ability to stand with or without an assistive device (for example, a cane or walker), c) Interest in working on your walking, balance and coordination and d) **completed your IMPACT follow-up testing session.**



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